

**R 13-4-5      Goal 5: Nutrition Services**

The school system shall strive to provide services to all students and staff that promote health and nutrition through access to a variety of nutrition and appealing snacks and meals; including all available on-site food-vending machines, and fundraisers.

School nutrition programs reflect or exceed the U.S. dietary guidelines for Americans and respond to health and nutritional needs for all students.

Students will have adequate time in which to eat and enjoy their meals. Consideration will be given to the needs of different age groups, such as younger children who have specific developmental needs related to meals.

Students and staff will be encouraged to wash their hands before and after eating.